**Week Beginning: September (2-5), 2025**

**Teacher: REICHARDT**

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|  | **Health Class** | **Junior High Physical Education** | **Elementary Physical Education** |
| Monday | **No School** | **Labor** | **Day.** |
| Tuesday | **Correct Chapter 3 Section 1 p. 59 (1-5). Take Chapter 3 Section 1 Quiz. Discuss: How Stress Affects the Body. Assign Chapter 3 Section 2 p.64 (1-5).**  **A (1-7) C (1-4) E (1-4) G (1-5)**  **B (1-6) D (1-6) F (1-6)** | **Attendance, Warm-Ups**  **Presidential Physical Fitness Testing**  **A (1-4) C (3) E (1-5)**  **B (2,3) D (1-4) G (1-4)** | **Attendance, Warm-Ups**  **3rd – 6th Soccer Skills and Games.**  **Work on listening skills, running skills, endurance, teamwork, soccer skills, kicking skills, and soccer rules.** |
| Wednesday | **Correct Chapter 3 Section 2 p.64 (1-5). Take Quiz on Chapter 3 Section 2. Discuss: Stress and Individuals. Assign Chapter 3 Section 3 p.67 (1-5).**  **A (1-7) C (1-4) E (1-4) G (1-5)**  **B (1-6) D (1-6) F (1-4** | **Attendance, Warm-Ups**  **Presidential Physical Fitness Testing**  **A (1-4) C (3) E (1-5)**  **B (2,3) D (1-4) G (1-4)** | **Attendance, Warm-Ups**  **3rd – 6th Soccer Skills and Games.**  **Work on listening skills, running skills, endurance, teamwork, soccer skills, kicking skills, and soccer rules.** |

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|  | **Health Class** | **Junior High Physical Education** | **Elementary Physical Education** |
| Thursday | **Correct Chapter 3 Section 3 p. 67 (1-5). Take Chapter 3 Section 3 Quiz. Discuss: Coping with Stress. Assign Chapter 3 Section 4 p.76 (1-5).**  **A (1-7) C (1-4) E (1-4) G (1-5)**  **B (1-6) D (1-6) F (1-6)** | **Attendance, Warm-Ups**  **Presidential Physical Fitness Testing**  **A (1-4) C (3) E (1-5)**  **B (2,3) D (1-4) G (1-4)** | **Attendance, Warm-Ups**  **3rd – 6th Soccer Skills and Games.**  **Work on listening skills, running skills, endurance, teamwork, soccer skills, kicking skills, and soccer rules.** |
| Friday | **Correct Chapter 3 Section 4 p.76 (1-5). Take Quiz on Chapter 3 Section 4. Assign Chapter 3 Review Questions p.78 (1-17).**  **A (1-7) C (1-4) E (1-4) G (1-5)**  **B (1-6) D (1-6) F (1-4** | **Attendance, Warm-Ups**  **Presidential Physical Fitness Testing**  **A (1-4) C (3) E (1-5)**  **B (2,3) D (1-4) G (1-4)** | **Attendance, Warm-Ups**  **3rd – 6th Soccer Skills and Games.**  **Work on listening skills, running skills, endurance, teamwork, soccer skills, kicking skills, and soccer rules.** |