**Week Beginning: March 31 – April 4, 2025**

**Teacher: REICHARDT**

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|  | **Health Class** | **7th&8th/9th&10th Physical Education** | **Elementary Physical Education** |
| Monday | **Correct Chapter 13 Section 1 p.321 (1-5). Take Quiz on Chapter 13 Section 1. Discuss: The Importance of Physical Activity. Assign Chapter 13 Section 2 p.329 (1-5).****A (1-7) C (1-4) E (1-4) G (1-5)****B (1-6) D (1-6) F (1-6)** | **Attendance, Warm-ups****7th/8th – Floor Hockey Games****9th/10th – Floor Hockey Games****A (1-4) C (3) E (1-5)****B (2,3) D (1-4) G (1-4)** | **Attendance, Warm-ups****4th – 5th - Long Base** **6th- Archery****Work on listening skills, running skills, muscular endurance, kicking skills, archery skills, teamwork, cardiovascular endurance and kicking skills.**  |
| Tuesday | **Correct Chapter 13 Section 2 p.329 (1-5). Take Quiz on Chapter 13 Section 2. Discuss: Setting Goals for Lifelong Fitness. Assign Chapter 13 Section 3 p. 336 (1-5).****A (1-7) C (1-4) E (1-4) G (1-5)****B (1-6) D (1-6) F (1-6)** | **Attendance, Warm-ups****7th/8th – Floor Hockey Games****9th/10th – Floor Hockey Games****A (1-4) C (3) E (1-5)****B (2,3) D (1-4) G (1-4)** | **Attendance, Warm-ups****4th – 5th - Long Base** **6th- Archery****Work on listening skills, running skills, muscular endurance, kicking skills, archery skills, teamwork, cardiovascular endurance and kicking skills.**  |
| Wednesday | **Correct Chapter 13 Section 3 p.336 (1-5). Take Quiz on Chapter 13 Section 3. Discuss: Physical Activity and Safety. Assign Chapter 13 Review Questions p.338 (1-14).****A (1-7) C (1-4) E (1-4) G (1-5)****B (1-6) D (1-6) F (1-6)** | **Attendance, Warm-ups****7th/8th – Floor Hockey Games****9th/10th – Floor Hockey Games****A (1-4) C (3) E (1-5)****B (2,3) D (1-4) G (1-4)** | **Attendance, Warm-ups****4th – 5th - Long Base** **6th- Archery****Work on listening skills, running skills, muscular endurance, kicking skills, archery skills, teamwork, cardiovascular endurance and kicking skills.**  |

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|  | **Health Class** | **7th&8th/9th&10th Physical Education** | **Elementary Physical Education** |
| Thursday | **Correct Chapter 13 Review Questions p.338 (1-14). Study for Chapter 13 Written Test. Take Chapter 13 Test. Assign Chapter 14 Section 1 p.346 (1-5).****A (1-7) C (1-4) E (1-4) G (1-5)****B (1-6) D (1-6) F (1-6)** | **Attendance, Warm-ups****7th/8th – Floor Hockey Games****9th/10th – Floor Hockey Games****A (1-4) C (3) E (1-5)****B (2,3) D (1-4) G (1-4)** | **Attendance, Warm-ups****4th – 5th - Long Base** **6th- Archery****Work on listening skills, running skills, muscular endurance, kicking skills, archery skills, teamwork, cardiovascular endurance and kicking skills.**  |
| Friday | **Correct Chapter 14 Section 1 p.346 (1-5). Take Quiz on Chapter 14 Section 1. Discuss: Your Skin, Hair, and Nails. Assign Chapter 14 Section 2 p.353 (1-5).****A (1-7) C (1-4) E (1-4) G (1-5)****B (1-6) D (1-6) F (1-6)** | **Attendance, Warm-ups****7th/8th – Floor Hockey Games****9th/10th – Floor Hockey Games****A (1-4) C (3) E (1-5)****B (2,3) D (1-4) G (1-4)** | **Attendance, Warm-ups****4th – 5th - Long Base** **6th- Archery****Work on listening skills, running skills, muscular endurance, kicking skills, archery skills, teamwork, cardiovascular endurance and kicking skills.**  |